

Resource list for “Grief, Loss and Pastoral Care” thread gathering

PYM Resources

- **PYM Grants**
 - **Anna T. Jeanes Cremation Fund** - The Anna T. Jeanes Cremation Fund reimburses cremation costs of members of all Monthly Meetings of Philadelphia Yearly Meeting. Reimbursement maximum is \$800.
 - **Emergency Grants** - The Emergency Fund provides quick help to PYM members in acute financial need, wholly funded by grants from the John Martin Trust. It supports quick, one-time grants of up to \$2,000 to assist members of PYM Meetings in meeting basic needs (including but not limited to housing, food, employment, and medical difficulties) during times of personal financial crisis. The Fund cannot support ongoing grants or non-crisis assistance.
- **Friends Counseling Service** - The Friends Counseling Service (FCS) serves members and attenders of Philadelphia Yearly Meeting (PYM) who are in search for guidance, comfort, and assistance. This service offers accessible mental health care to Friends across PYM with counselors providing individual therapy, couples counseling, and family therapy sessions
- **People and Groups**
 - Sheila Sorkin, PYM Aging Support Coordinator
Office: 215.241.7068
Cell: 215.690.1179
Email: ssorkin@pym.org
 - **Yearly Meeting Elders** – Yelena Forrester
 - **Yearly Meeting Ministry and Pastoral Care** – Jean-Marie Prestwidge-Barch
 - **Concord Quarter Aging Concerns**; workshops ongoing
 - George Salloom’s grief group for those who have lost loved ones -
georgesalloom@hotmail.com
 - Molly Hicks’ **music on YouTube** and email: creativespiritmusictherapy@gmail.com
 - **Reverend Rhetta Morgan**
 - Your local care & counsel/pastoral care committee – reach out!

Books/Resources

- **ARCH Form – NYYM** - The *Quaker Values & End-of-Life Decision Making Workbook*, offered by **NYYM’s ARCH Program**, serves as a comprehensive, step-by-step planner for various aspects we may need to contemplate regarding the end of our lives.

Find this resource online at: pym.org/griefandpastoralcareresources

- [*A Tender Time: Quaker Voices on the End of Life*](#) by Baltimore Yearly Meeting - An open-hearted primer from a Quaker perspective, this book explores many practical, legal, emotional, and spiritual aspects of the end of life.
- [*The Grief Recovery Handbook*](#)
- [*Being Mortal: Medicine and What Matters in the End*](#) by Atul Gawande
- [*Five Wishes*](#) advanced care planning program
- [*On the Brink of Everything: Grace, Gravity, and Getting Old*](#) by Parker Palmer
- [*Dark Night Journey: Inward Re-patterning Toward a Life Centered in God*](#) by Sandra Cronk
- [*Pendle Hill pamphlets*](#)
 - #142, *Dear Gift of Life: A Man's Encounter with Death*
 - #292, *On Hallowing One's Diminishments*
 - #340, *A Song of Death, Our Spiritual Birth: A Quaker Way of Dying*
 - #355, *In Beauty: A Quaker Approach to End-of-Life Care*
 - #364, *Gift of Days: Report on an Illness*
 - #385, *In God We Die*
 - #416, *Grief, Forgiveness, & Redemption as a Way of Transformation*
 - #418, *Some Thoughts on Becoming Eighty-five*
 - #432, *A Death Chosen, A Life Given*
 - #477, *One Caregiver's Journey with Dementia*
 - #479, *Plain Talk about Dying: The Spiritual Effects of Taking My Father off Life Support*
- *QuakerSpeak*, Carl Magruder, "[*On Quaker Deathways: Practices Around Death and Dying*](#)"
- Carl Magruder, "[*Walking with the Bible: Lamentation and Liberation of the Spiritual Imagination*](#)"
- [*Mess Makes Meaning, Episode 11 - Apple Podcasts, "Grief with Children"*](#)
- "[*Hello*](#)" [conversation game](#) about living, dying and what matters most. Highly recommended by Grief, Loss and Pastoral Care workshop leaders!
- [*The Cancer Journals*](#) by Audre Lorde
- [*Not Now Please: Living Through Racism, Ableism, and Grief*](#) by Elizabeth Horlemann
- [*No One Talks About This Stuff: Twenty-Two Stories of Almost Parenthood*](#); Donald Mbeutchua (Consultant) Kat Brown (Editor) & 20 others
- [*But You Don't Look Sick: The Real Life Adventures of Fibro Bitches, Lupus Warriors, and other Superheroes Battling Invisible Illness*](#); Kindra M Austin (Editor) Candice Louisa Daquin (Editor) & 122 others

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