

Resource list for "Grief, Loss and Pastoral Care" thread gathering

PYM Resources

Grants

- Anna T. Jeanes Cremation Fund The Anna T. Jeanes Cremation Fund reimburses cremation costs of members of all Monthly Meetings of Philadelphia Yearly Meeting. Reimbursement maximum is \$800.
- Emergency Grants The Emergency Fund provides quick help to PYM members in acute financial needed, wholly funded by grants from the John Martin Trust. It supports quick, one-time grants of up to \$2,000 to assist members of PYM Meetings in meeting basic needs (including but not limited to housing, food, employment, and medical difficulties) during times of personal financial crisis. The Fund cannot support ongoing grants or non-crisis assistance.
- <u>Friends Counseling Service</u> The Friends Counseling Service (FCS) serves members and attenders of Philadelphia Yearly Meeting (PYM) who are in search for guidance, comfort, and assistance. This service offers accessible mental health care to Friends across PYM with counselors providing individual therapy, couples counseling, and family therapy sessions

• People and Groups

Sheila Sorkin, PYM Aging Support Coordinator

Office: 215.241.7068
Cell: 215.690.1179
Email: ssorkin@pym.org

- o Yearly Meeting Elders Yelena Forrester
- o Yearly Meeting Ministry and Pastoral Care Jean-Marie Prestwidge-Barch
- George Salloom's grief group for those who have lost loved ones georgesalloom@hotmail.com
- Molly Hicks website: <u>Grief Counseling by Guiding Grief | Counseling After A</u>
 Death
- o Reverend Rhetta Morgan
- Your local care & counsel/pastoral care committee reach out!

Find this resource online at: pym.org/griefandpastoralcareresources

Books/Resources

- ARCH Form NYYM The Quaker Values & End-of-Life Decision Making Workbook, offered by NYYM's ARCH Program, serves as a comprehensive, step-by-step planner for various aspects we may need to contemplate regarding the end of our lives.
- <u>A Tender Time: Quaker Voices on the End of Life</u> by Baltimore Yearly Meeting An open-hearted primer from a Quaker perspective, this book explores many practical, legal, emotional, and spiritual aspects of the end of life.
- The Grief Recovery Handbook
- Being Mortal: Medicine and What Matters in the End by Atul Gawande
- On the Brink of Everything: Grace, Gravity, and Getting Old by Parker Palmer
- <u>Dark Night Journey: Inward Re-patterning Toward a Life Centered in God</u> by Sandra Cronk
- Pendle Hill pamphlets
 - o #142, Dear Gift of Life: A Man's Encounter with Death
 - o #292, On Hallowing One's Diminishments
 - o #340, A Song of Death, Our Spiritual Birth: A Quaker Way of Dying
 - o #355, In Beauty: A Quaker Approach to End-of-Life Care
 - o #364, Gift of Days: Report on an Illness
 - o #385, *In God We Die*
 - o #416, Grief, Forgiveness, & Redemption as a Way of Transformation
 - o #418, Some Thoughts on Becoming Eighty-five
 - o #432, A Death Chosen, A Life Given
 - o #477, One Caregiver's Journey with Dementia
 - #479, Plain Talk about Dying: The Spiritual Effects of Taking My Father off Life Support
- QuakerSpeak, Carl Magruder, "On Quaker Deathways: Practices Around Death and Dying"
- Carl Magruder, "Walking with the Bible: Lamentation and Liberation of the Spiritual Imagination"
- Mess Makes Meaning, Episode 11 Apple Podcasts, "Grief with Children"

Grants and Financial Support

- Financial and Grant Support
 - PYM Grants
 - Free budget and debt counseling available to FGC meetings